

WALCHA COUNCIL YOUTH STRATEGY

EXPLORE. ENGAGE. EMPOWER.

Draft Strategy adopted December 2020



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INTRODUCTION

Walcha Council is committed to creating a place where young people can flourish.

Young people are vital to a healthy and thriving community. When supported well, young people add life, colour and energy to the whole community. Adolescence and the transition to adulthood can also be a challenging time for young people, their families and their communities, and Council understands the importance of a holistic approach to our work with young people and their supporters.

Council's Youth Strategy is designed with young people at its heart, and raising the wellbeing of Walcha's young people is its core mission. Council values our young people, and we are committed to supporting and empowering them to develop and thrive. This youth strategy provides a framework for Council to understand and prioritise needs and respond with actions, partnerships and resources to improve outcomes for local young people.

PURPOSE

The Youth Strategy provides clear strategic direction to guide and focus Council's work with, and for, people aged 0 to 12 and 12 to 25 who live, work, study or play in the Walcha region. It is Walcha Council's key strategic document in regards to young people. The strategy builds upon the current services and policies provided by the Council that help provide programs to empower young people and encourage their leadership and participation in community life.

This Youth Strategy seeks to:

- guide and focus Council's work with and for young people, through facilities, programs and engagement to support the growth and retention of young people in the area
- ensure that Council delivers best practice programs for young people and their families
- utilise a strong evidence base to help Council better meet the needs and aspirations of Walcha's young people
- ensure that Council is actively engaged with young people and responsive to their needs
- outline how Council will continue to encourage young people to be involved in civic life.

SCOPE

- The Youth Strategy covers people aged 0-10 and 12 to 25 years who live, work, study or play in the Walcha Local Government area.
- To ensure appropriate facilities and activities are available for all young people in the region
- · The Youth Strategy is a Council-wide strategic document.
- The Youth Strategy does not cover organisations or groups outside of Council, it does however aim to guide some of Council's work with those organisations or groups.
- The Youth Strategy will commence after adoption and does not have an end date. It will be reviewed minimum every two years, or as the needs of the community change.

ACTION PLANS

- The Youth Strategy includes a 4-year action plan that will outline the actions Council will undertake, and is aligned with the development of Council's Delivery Program.
- These Action Plans based on current evidence and consultation, which will ensure that Council is responsive to changes in young people's needs and aspirations while maintaining a clear and consistent strategic focus.

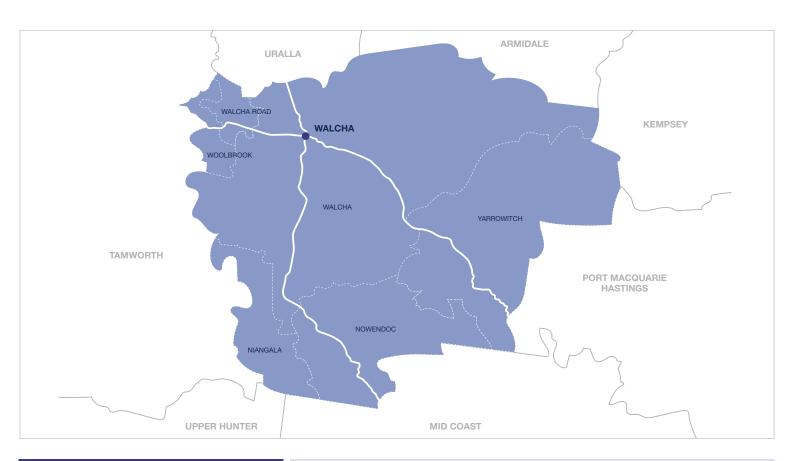
WALCHA

Walcha is located in the beautiful and very productive New England Tablelands region of New South Wales. The Walcha Local Government Area has an area of 6,261 square kilometers and a total population of approximately 3,144 people which includes around 1,800 within the Walcha township. The town of Walcha is 1,067 metres above sea level and can be reached by road, rail and air.

The Walcha district is a significant primary producing area. It is one of the highest stock carrying areas in Australia and Walcha is renowned for some of the best fine wool in the world. Walcha has long been known as a producer of high-quality native hardwoods and the importance as a softwood producing area is increasing.

Walcha is home to National Parks, including parts of the World Heritage listed central eastern rainforest reserves, and our rivers and streams are known for their excellent trout fishing.

The Dunghutti (or Dunggadi) Tribe are believed to have lived in the region for around 6,000 years prior to European settlement. The tablelands served as a place for ceremonies – evident by traces of Bora grounds near Walcha – and a place to trade goods. In the cooler months, the tribe retreated to the eastern gorge country where it was warmer and fish and animals were plentiful.



1,000

Approximately 1,000 young people aged 0 to 29 live in Walcha (planning NSW projections).

YOUNG PEOPLE IN WALCHA

Approximately 1000 young people aged 0 to 29 live in Walcha (planning NSW projections).

This represents approximately 30% of Walcha's resident population.

By 2041, this number is estimated to decrease.

Young people form a significant portion of the community, and Council is committed to investing in both their present and their future as valued members of the community.

A FOCUS ON WELLBEING

Domain	Description	Constructs
Cognitive wellbeing	Young people's perception of their quality of life, competence and accomplishments and their capacity to be mindful in the present moment.	Cognitive wellbeing consists of the following constructs:
Economic wellbeing	Young people's perception of economic stability in their home environment.	Economic wellbeing consists of the following constructs: • Financial stability at home • Responsibilities at home
Emotional wellbeing and strengths	Young people's perceived ability to manage their emotions and their ability to use their strengths in their daily lives.	Emotional wellbeing and strengths consists of the following constructs: Resilience Knowledge of personal strengths Use of personal strengths Happiness Anger Anxiety Depression Stress
Physical wellbeing	Young people's perception of their general physical health, their physical appearance and their quality of sleep.	Physical wellbeing consists of the following constructs: General health Self-concept Sleep Exercise Sedentary activities Nutrition (Healthy and Unhealthy)
Psychological wellbeing	Young people's beliefs and attitudes about what they value, their outlook on life, and their engagement with life.	Psychological wellbeing consists of the following constructs: • Autonomy • Engagement • Gratitude • Optimism • Perseverance • Hope • Self-esteem • Self-efficacy
Social wellbeing	Young people's perceived quality of relationships with their parents, teachers, peers and community. This domain also taps into the presence of bullying, loneliness and pro-social behaviours.	Social wellbeing consists of the following constructs: Peer connectedness Parent connectedness Perception of significant relationships Perception of school Connectedness to community Pro-social behaviour Negative peer pressure Bullying Cyber-bullying Loneliness

THE EVIDENCE BASE

WHAT WE DID

The development of the Youth Strategy was informed by extensive consultation.

This involved key components:

- · Workshop with Youth Advisory Committee
- The Youth Survey through schools and the community
- Broader and more in depth youth consultation to reach those young people not able to access the survey,
- This included 7 youth focus groups, from the local schools and home-school groups
- Research, including demographics, youth needs/issues, and best practice youth service delivery.

Across the range of consultation methods, Council engaged with young people, as well as youth staff, school staff, parents/carers, and community members.

WHAT WE FOUND

Through this work, Council obtained a wealth of information both from, and about, Walcha's young people. A summary of key findings is outlined below.

Overall, from the consultation and research undertaken to inform the Youth Strategy, three key areas stood out from the evidence base. Key findings from these areas are outlined.

Discussions with young people took place through workshops, surveys and youth summits.



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What do our young people like?

- Hang out with friends and family
- Playing
- Gaming
- · Riding bikes, horses, trial bikes, BMX
- · Sport hockey, touch, NRL, footy, soccer,
- Dancing
- Cooking
- Working farm, after school, caring for animals
- · Reading
- Skating
- Exploring
- · Going to the park
- Shopping
- Walking/running
- Relaxing
- Spending time at the pool

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What ideas do our young people have?

- New Parks upgrade Lions Park, McHattan Park and Apsley
- Heated pool
- Kids Club
- Flying fox
- Skate park upgraded/new/extended
- Youth Hub for recreation, study, access to Wi-Fi, chill space, gaming
- · Use old hospital space
- New programs Sports, craft, science, driving, dance, competitions, cooking, coding, riding,
- Movie theatre
- · Annual talent show
- Kids spaces
- Running track
- BMX track
- Better communications newsletter, online
- · Pool inflatables, wave pool
- Rural programs in villages
- New sculptures
- Beautification works flowers, plantings, more trees
- More Wi-Fi and charging stations
- Over 18 activities bands/DJs at local venues
- Youth space in the library
- Extended holiday program
- Indoor pool
- · Arcade gaming old school and new

What barriers to participation are our young people experiencing?

- · Transport
- · Out of town/distance
- · Parents awareness
- Young peoples awareness of what's on
- Parents permission/trust
- Money
- · Age appropriate aged activities
- Working
- Events appropriate aged activities
- · Communication about activities
- Timing of activities

THEMES

Places and Connections

- When asked what is missing in Walcha, many answers from young people were about facilities and spaces, both indoor and outdoor. Transport and connections to people were also key.
- There are many of the things that our young people loved about the region; this includes the wildlife, the outdoors, its parks, its peacefulness and the tight knit community.
- Across the range of consultation methods, there were many suggestions from young people about safe places and spaces for young people, for things like social connection, culture, recreation and support. Some wanted spaces to be youth-specific, whereas some wanted spaces for everyone where young people felt welcome.
- Access to more free and/or low cost events and activities including sport, music and creative workshops and more events in rural areas.

Programs and Activities

- When asked what is missing in Walcha, many answers from young people were about programs, access and developing themselves for the future.
- Walcha's young people want to participate in decision making that increases opportunities and improves community wellbeing

Future and Growth

- We also asked the young people what the barriers to participation were and how could they get involved.
- Provide more information about training opportunities, courses and more leadership programs.
- · Respond to young people's ideas and priority areas
- Raise young people's profile to achieve greater recognition

PAST COMMUNITY SURVEY

Facilities and Youth Survey. This survey was well supported by our older demographic, with 93% of respondents being 30years or over. The results and priorities for our youth from this survey align well with the outcomes of the youth focus groups and consultation with the younger demographic completed as part of this strategy development. A snapshot of relevant results are below. All results from this survey are included in Council's report "Your Voice: A Summary of past Survey Results" published October 2020.

93%

of respondents considered the priority of youth access to opportunities for apprenticeships and traineeships as important or higher. 82%

of respondents considered the priority of youth access to safe driving programs as important or higher.

76%

of respondents considered the priority of youth access to leadership development training and scholarships to be important or higher 72%

of respondents considered the priority of youth access to youth counselling services to be important or higher



A STRATEGY FOR THE FUTURE

Our Vision for Walcha's young people

Young people in the Walcha Region are heard, valued, connected and inspired, so that they make the most of life's opportunities.

OUR PRINCIPLES

Explore

We explore opportunities with young people that increase inclusion and connection.

Engage

We engage with young people to ensure their needs and opinions are heard and valued.

Empower

We empower and inspire young people to shape the world they live in.



Council is an inclusive organisation that recognises and respects the diverse backgrounds, needs and aspirations of young people in our community, and is committed to proactively supporting and building the inclusion of all young people in Walcha.

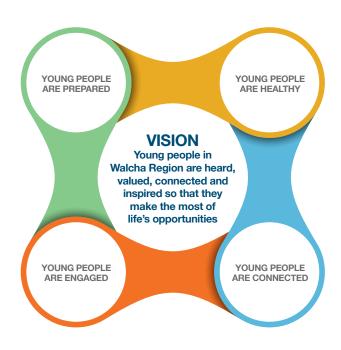
Requirements of the Children's Guardian Act (2019) NSW and the imminent regulatory framework that will support this legislation have also been considered during the development of this strategy. This Act reinforces the independent role of the children's guardian to help keep children and young people safer in communities.

OUR AIMS:

In particular, the strategy aims to respond to the key learnings that emerged from the engagement, research and review process, these being:

- Ways to achieve young people's leadership and empowerment
- Partnerships with the State Government and local youth groups to coordinate programs and joint responses to the important issues
- Actions the Council can undertake within available resources and
- Having goals and objectives that are SMART (specific, measurable, attainable, realistic and timely)

We are aware that the needs, potentials and aspirations of young people in Walcha Region will continue to change and evolve. We hope that through the participation Councillors, Council staff and local community we can feel a greater connection and empathy with young people and understand the importance young people place on being listened to and having a say about important issues in their community.



GOALS

Having a say

GOAL 1

We provide opportunities for young people to have their say

Walcha's young people are empowered and actively engaged in matters that affect them and their communities. They have the skills, confidence, and opportunities to be active empowered citizens. They are able to engage in opportunities that have meaning and purpose to them, and are recognised and celebrated for their accomplishments.

Actions include:

- Strengthen the Youth Committee and increase connections between Councillors, young people and the community to advocate on priority areas.
- Promote young people's positive contribution to the community through website.
- Ensure that young people are effectively informed and engaged on matters that affect them and their communities.
- Employ principles of youth participation and co-design to ensure young people are effectively engaged and included in making decisions about themselves and their communities.
- Support young people to develop leadership and advocacy skills that assist them to be actively involved and engaged citizens.
- Provide, promote and advocate for a wide range of meaningful opportunities that are engaging for young people.
- Recognise and celebrate young people's accomplishments to support their engagement and inclusion in the community

Creating places and spaces for young people

GOAL 2

We create places and spaces for young people that are inclusive, safe and welcoming for all

Young people are supported by positive connections with their peers, families and communities. They can connect effectively with places and opportunities, both physically and online. They are well informed about the wide range of services, opportunities, and information available to them, and feel confident to connect with these.

Actions include:

- Creating a youth hub
- Develop youth focused recreation spaces
- Build young people's sense of belonging, inclusion and connection through the strengthening of positive relationships with their communities.
- Support young people to connect with the digital world in positive and safe ways.
- Work in partnership with stakeholders to ensure that young people and their families know about, and feel confident and safe to connect with, the range of services, opportunities, and information available to them.
- Provide new library facilities that meet the needs of young people

Creating a program of activities and events

GOAL 3

To complete a review of all existing programs offered to youth and create a program of activities and events for our young people that align with strategy feedback

Young people can assist in developing an annual program of activities, events and programs in their communities. They are well informed about the wide range of services, opportunities, and information available to them, and feel confident to connect with these.

Actions include

- Develop an annual program of activities in conjunction with young people
- Promote programs, activities and workshops in rural communities.
- Provide skill development opportunities.
- Develop new library programs for young people
- Support local schools in developing an annual Town Show/ Talent quest that everyone can participate in

Access to places, programs and events

GOAL 4

Access to places, programs and events

Assist young people to access places, programs and events to ensure a full life experience.

Actions include

- Advocate for transport options/ opportunities for to young people
- Explore opportunities to extend the reach of free Wi-Fi in community spaces
- Identify ways to sustainably grow Council's school holiday programs including events that specifically target particular age groups
- Nurture libraries as welcoming spaces for young people

Developing our young people of the future

GOAL 5

Developing our young people of the future

Walcha's young people are well prepared to thrive in an ever-changing world, both as adolescents and as they transition into adulthood. They are resourceful and resilient, and equipped to successfully navigate change and challenges in their lives.

Actions include

- Equip young people with skills and knowledge that prepare them to successfully navigate change, grow from life's challenges, and build their resilience.
- 2. Provide opportunities for young people to grow and learn and to prepare young people to flourish throughout their lives.
- Assist young people to be work ready and prepared for the changing landscape of employment.



ACTION PLAN

Goal	Actions	What Success looks like	Key Partners
Identify preferred option for a Youth Space	Consider as part of a new shared community space development	 A dedicated space for young people to gather and develop connections and skills 	State LibraryLocal SchoolsLocal youth groupsMayor and Councillors
2. Lions Park Redevelopment	Develop a concept plan for a new new inclusive play space at Lions Park and secure funding to deliver	Funding secured and a new recreation facility designed for 0 – 10 year and families Refer to page 19 for concept draft plan	Lions Club Local Schools Local youth groups Mayor and Councillors
3. Skate Park – Redevelopment	Create a concept plan to for a redeveloped skate park with additional facilities to cater for all age groups, additional seating, and connectivity. Secure funding for delivery	Funding secured and a new recreation facility designed for 0 – 25 years	Skate Park users Local Schools Local youth groups Mayor and Councillors
4. Develop Scope of Works for identified re development areas	Develop Scope of Works for identified park improvements	Finalised Scope of Works completed for identified improvement projects including community consultation, complete with costings and project scope	 Playground designers Youth Council staff Government departments Landscape/playground construction
5. Develop a communications and engagement approach to reach young people	Develop a Youth's What's on Page Develop a Youth Social Strategy Engage youth on relevant Council projects Program review of available training and link youth to offerings available. Park Re-development concept plans are released progressively form comment/review before being finalised. Use the feedback from the Strategy to create a interim program of activities and events for the next 12 months and seek feedback to improve on program	Young people are aware of what's on and attendance increases Young people's voices are regularly represented in the community, and via social media. WE continue to hear from our youth	Alternative education providers Council staff Local schools Local youth groups Mayor and Councillors
6. Skills and programs	Program review of available training and link youth to offerings available. Use the feedback from the Strategy to create a interim program of activities and events for the next 12 months and seek feedback to improve on program	Young people are consulted in the design and development of programs and activities Increased skills for young people Increased, ongoing and varied opportunities for social connection for young people	All Council Departments Library Staff and users Community Partners Local Businesses Service NSW Sporting Clubs Walcha Show Society

We provide opportunities for young people to have their say

MEDIUM TO LONG TERM ACTIONS					
Actions	What Success looks like	Key Partners			
Strengthen the Youth Advisory Council and increase connections between Councillors, young people and the community to advocate on priority areas	 Youth Advisory Committee provides an accessible platform to respond to priority issues and meet with the Mayor and Councillors. A strong governance structure is in place. Members meet at least four times per year. Advocacy and planning in responses to priority areas. Provide feedback to the to the Councillors on key issues. Stronger youth voice in Council decision-making. 	Alternative education providers Local schools Local youth groups Mayor and Councillors			
Enable youth of Walcha to access/ attend youth summit	Attendance from multiple diverse backgrounds.				
Promote opportunities for all young people to provide feedback through social media, consultations and other online services.	 Young people's voices are regularly represented in the community, and via social media. Annual increase in social media followers. Minimum of one school visit per year from Council Staff or YAC. Councillors to meet with young people annually to seek input for council IP&R plans 				
Review the Community Engagement approach to support the active engagement of young people in all relevant engagement processes.	Innovative engagement techniques and guidelines are incorporated into the Community Engagement Strategy.				

We create places and spaces for young people that are inclusive, safe and welcoming for all

MEDIUM TO LONG TERM ACTIONS		
Actions	What Success looks like	Key Partners
Creating a youth hub, with social and recreational activities, spaces and programs	Build young people's sense of belonging, inclusion and connection through the strengthening of positive relationships with their communities. Through active use of spaces and programs Young people are consulted in the design for all relevant new community developments	 Local youth groups Alternative education providers Local schools State Government Police Youth Advisory Committee
Develop youth focused recreation spaces	 Implement facility upgrades to be more youth friendly and accessible. Promote and market the new or upgraded facility. Increased access by young people to events and activities. 	
Support young people to connect with the digital world in positive and safe ways. Work in partnership with stakeholders to ensure that young people and their families know about, and feel confident and safe to connect with, the range of services, opportunities, and information available to them.	Youth communication incorporated in community engagement strategy and future engagement plans to ensure timely knowledge of activities, events or opportunities. Increased social connection for young people, through engagement on social media and through holiday programs Increased safe and youth friendly social spaces for young people	
Provide new library facilities that meet the needs of young people	Increased youth friendly spaces Increased access to and use of community learning/entertainment resources by young people	
Extend or Create new Skate Park for Walcha	Relevant stakeholders engaged in the design and funding necessary to extend or replace the existing skate park. Safe recreational facilities for young people	
Improve Lions Park Play space for all ages	Stakeholders consulted for inclusions to Lions Park facility improvement project Refer to Page 17 for concept draft plan	
Develop an active transport corridor for bike riding and running that is safe and accessible	Walcha's footpath and cycleways connected and extended to provide maximum community benefit	
Increase activities and infrastructure at Walcha Memorial Baths	Increased social connection for young people Increased safe and youth friendly social spaces for young people	

To complete a review of all existing programs offered to youth and create a program of activities and events for our young people that align with strategy feedback

MEDIUM TO LONG TERM ACTIONS					
Actions	What Success looks like	Key Partners			
Develop an annual program of activities and workshops covering arts, sports, health and science and more. Developed in conjunction with young people both in and out of town	Young people are consulted in the design and development of all new community developments Increased user friendliness of community spaces, particularly for young people Increased social connections for young people especially during periods of increased vulnerability for isolated young people Increased, ongoing and varied opportunities for social connection for young people	 All Council Departments Library Staff and users Community partners Local businesses Service NSW Sporting Clubs Walcha Show Society 			
Provide skill development opportunities For Example:	Increased mentoring opportunities for young people Increased inter-generational connection for and with young people Young people have the opportunity to learn and practice new skills.				
Develop new library programs for young people	Council's youth related programs remain relevant to young people				
Complete a review stocktake of all existing programs currently offered to youth and identify any improvements.	Council's youth programs are relevant and have an increased participation rate compared to previous years				



Access to places, programs and events

MEDIUM TO LONG TERM ACTIONS					
Actions	What Success looks like	Key Partners			
Advocate for transport options/ opportunities for young people	The transport needs of young people are understood Increased social connection – Mobility and movement between townships – for young people	 Council Staff Local Schools Community Groups Sporting groups TfNSW Local pub, clubs and venues Walcha Taxi service and Bus operators 			
Explore opportunities to extend the reach of free WiFi in community spaces	Increased social connection and access to online entertainment, and services for young people				
Identify ways to sustainably grow Council's school holiday programs including events that specifically target particular age groups	Increased social connections for young people especially during periods of increased vulnerability for isolated young people				
Nurture libraries as welcoming spaces for young people	Support Library Staff to consult with young people about their spaces and programs				
	Increased youth friendly spaces				
	Increased access to and use of community learning/ resources by young people				
Provide (or advocate for) activities and programs for 18 – 25 year olds within existing facilities	Continued social connection and retention of young adults in the region				

To complete a review of all existing programs offered to youth and create a program of activities and events for our young people that align with strategy feedback

MEDIUM TO LONG TERM ACTIONS				
Actions	What Success looks like	Key Partners		
Equip young people with skills and knowledge that prepare them to successfully navigate change, grow from life's challenges, and build their resilience. Provide leadership workshops at secondary schools and expand to tertiary students.	Minimum of three workshops in schools per year. At least one workshop for 18 – 25 year olds per year	 Local Businesses University of New England Council Staff Community Groups Local Schools Employment networks and service providers 		
Provide opportunities for young people to grow and learn and to prepare young people to flourish throughout their lives.	Council and local businesses advocates for apprenticeships, traineeships and employment to meet the demand of young people			
Assist young people to be work ready and prepared for the changing landscape of employment	Increased opportunities for young people to explore their interests through volunteering Workplace skills, confidence and opportunities for young people developed through mentoring Increased career pathways for young people			
Provide opportunities for 18 – 25 year olds to connect, socialise and be informed of opportunities to contribute to community (such as volunteering and other community organisations).	Higher youth volunteer participation rates, increased youth involvement in local community organisations.	Local Business Lions, Rotary, Show Society		

When supported well, young people add life, colour and energy to the whole community.





DRAFT LIONS PARK CONCEPT PLAN



TRACKING OUR PROGRESS

The Youth Strategy will be reviewed every four years to track progress on its implementation, evaluate initiatives, support continuous improvement and innovation, and identify when further review and renewal of the Youth Strategy is required.

Following each review, a new four-year Action Plan will be developed based on current evidence and consultation.

The actions will be incorporated into Council's Delivery Program and annual Operational Plan. They will be reviewed bi-annually with results and progress reported to Council.

Council will continue to actively engage with young people and stakeholders throughout the implementation of the Youth Strategy, ensuring that young people are always at its heart.

THANK YOU

ACKNOWLEDGEMENTS

Council would like to acknowledge the invaluable contributions of the following groups to this project:

- All Walcha Councillors and Council staff who contributed to the project
- Walcha Central School, St Patricks School, Woolbrook School, Home-School Group
- The fantastic participants of the Youth Advisory Committee.
- The young people, parents/carers, community members, school staff and youth service providers who generously shared their thoughts, feelings, and suggestions with us through the consultation for the Youth Strategy – we are grateful for your input, and we look forward to working with you to make this vision for Walcha's young people a reality.

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